



# CALENDAR ADVISORY

**For Immediate Release**  
**Wednesday, January 27, 2016**  
**Contact:** Kay Brown  
 Community Relations Coordinator  
 (972) 218-1303 Office  
 (972) 218-3609 Fax  
[kbrown@lancaster-tx.com](mailto:kbrown@lancaster-tx.com)

## City of Lancaster February 2016 Activities, Programs and Special Events

**Lancaster, TX** – The City of Lancaster invites you to stay connected with us! “LIKE” us on Facebook ([Facebook.com/CityofLancasterTX](https://www.facebook.com/CityofLancasterTX)), follow us on Twitter, ([Twitter.com/Lancaster\\_TX](https://twitter.com/Lancaster_TX)) and register for the Lancaster Live, weekly e-mail subscription that includes upcoming events and valuable information. To sign up for the Lancaster Live and to view more upcoming events, visit us online at [www.lancaster-tx.com](http://www.lancaster-tx.com).

The following City of Lancaster upcoming activities, programs, and special events listed as a quick reference guide:

<u>DATE</u>	<u>CITY-WIDE</u>	<u>RECREATION CENTER</u>	<u>LIBRARY</u>	<u>SENIOR LIFE CENTER</u>
<b>Monday, February 1, 2016</b>		<ul style="list-style-type: none"> <li>• Move Your Body/Youth Dance Combo</li> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• S.A.F.E. Day Camp</li> <li>• Evening Fitness Swim</li> <li>• Jr. Mavs</li> </ul>	<ul style="list-style-type: none"> <li>• Genealogy Research Assistance</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men’s Power Hour</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• The Walking Club</li> <li>• Water Exercise</li> <li>• PuzzleRama</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Tuesday, February 2, 2016</b>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Lonestar Danceline</li> </ul>	<ul style="list-style-type: none"> <li>• Toddler Time</li> <li>• Book a Librarian – Tech Help</li> <li>• Lancaster Genealogical Society Meeting</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Dallas County Health and Human Services Wellness Clinic</li> <li>• Knitting and Crochet Class</li> </ul>

		<ul style="list-style-type: none"> <li>• Cycling Class</li> <li>• Tutu's and Taps</li> <li>• Kid Zumba</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• S.A.F.E. Day Camp</li> <li>• Team Bailey Bootcamp</li> </ul>		<ul style="list-style-type: none"> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Senior Sizzle Life Steppers</li> <li>• Computer Class</li> <li>• Water Exercise</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Wednesday, February 3, 2016</b>		<ul style="list-style-type: none"> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Lonestar Danceline</li> <li>• Yoga</li> <li>• Swing Out</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Evening Fitness Swim</li> <li>• Jr. Mavs</li> </ul>	<ul style="list-style-type: none"> <li>• Bilingual Family Story Time</li> <li>• Book a Librarian – Tech Help</li> <li>• Computer Basics</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men's Power Hour</li> <li>• The Walking Club</li> <li>• Water Exercise</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Harmonizers</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Thursday, February 4, 2016</b>	<ul style="list-style-type: none"> <li>• Mardi Gras (Mask Making), Library</li> <li>• Friends of the Library Book Sale</li> </ul>	<ul style="list-style-type: none"> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Cycling Class</li> <li>• Parent and Child Zumba</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Fitness Swim</li> <li>• Lonestar Danceline</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Dive in Movie</li> </ul>	<ul style="list-style-type: none"> <li>• Book a Librarian – Tech Help</li> <li>• Teen Club – Game Night</li> <li>• Friends of the Library Book Sale</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Creative Card Making</li> <li>• Computer Class</li> <li>• Senior Sizzle Life Steppers</li> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot and Chess</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Friday, February 5, 2016</b>	<ul style="list-style-type: none"> <li>• Friends of the Library Used Book Sale, Library</li> </ul>	<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Zumba</li> <li>• Winter Basketball Begins</li> </ul>	<ul style="list-style-type: none"> <li>• Computer Basics</li> <li>• Friends of the Library Book Sale</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Jewelry Making</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• BINGO</li> </ul>

				<ul style="list-style-type: none"> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Saturday, February 6, 2016</b>	<ul style="list-style-type: none"> <li>• Friends of the Library Used Book Sale, Library</li> </ul>	<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Open Swim</li> <li>• Yoga</li> <li>• Zumba</li> <li>• DancerSize</li> <li>• Dancing from the Soul</li> <li>• Winter Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> <li>• Friends of the Library Book Sale</li> </ul>	
<b>Sunday, February 7, 2016</b>				
<b>Monday, February 8, 2016</b>		<ul style="list-style-type: none"> <li>• Move Your Body/Youth Dance Combo</li> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>		<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men’s Power Hour</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Water Exercise</li> <li>• The Walking Club</li> <li>• PuzzleRama</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Tuesday, February 9, 2016</b>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Lonestar Danceline</li> <li>• Zumba</li> <li>• Cycling Class</li> <li>• Kid Zumba</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Team Bailey Bootcamp</li> </ul>	<ul style="list-style-type: none"> <li>• Toddler Time</li> <li>• Book a Librarian – Tech Help</li> <li>• Veteran Computer Class</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Senior Sizzle Life Steppers</li> <li>• Computer Class</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Wednesday, February 10, 2016</b>		<ul style="list-style-type: none"> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the</li> </ul>	<ul style="list-style-type: none"> <li>• Word Basics</li> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> <li>• Excel Basics</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men’s Power Hour</li> <li>• The Walking Club</li> </ul>

		<ul style="list-style-type: none"> <li>Soul</li> <li>• Lonestar Danceline</li> <li>• Swing Out</li> <li>• Yoga</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>		<ul style="list-style-type: none"> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Harmonizers</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Thursday, February 11, 2016</b>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Lonestar Danceline</li> <li>• Cycling Class</li> <li>• Parent and Child Zumba</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> </ul>	<ul style="list-style-type: none"> <li>• Book a Librarian – Tech Help</li> <li>• Adult Colorist Society</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Creative Card Making</li> <li>• Computer Class</li> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Senior Sizzle Life Center Steppers</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Friday, February 12, 2016</b>	<ul style="list-style-type: none"> <li>• Senior Life Center Valentine's Day Social, Senior Life Center</li> <li>• Parent/Child Valentines Dance, Recreation Center</li> </ul>	<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Zumba</li> <li>• Winter Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Word Basics</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Jewelry Making</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• BINGO</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Saturday, February 13, 2016</b>		<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Open Swim</li> <li>• Yoga</li> <li>• Zumba</li> <li>• DancerSize</li> <li>• Dancing from the Soul</li> <li>• Winter Basketball</li> <li>• Zumbathon</li> </ul>	<ul style="list-style-type: none"> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> </ul>	
<b>Sunday, February 14, 2016</b>				
<b>Monday,</b>	• School Out/Day Camp,	• Move Your	• Genealogy	• News, Movies,

<p><b>February 15, 2016</b></p>	<p>Recreation Center</p>	<p>Body/Youth Dance Combo</p> <ul style="list-style-type: none"> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>	<p>Research Assistance</p>	<p>and Reading Lounge</p> <ul style="list-style-type: none"> <li>• Men’s Power Hour</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Water Exercise</li> <li>• The Walking Club</li> <li>• PuzzleRama</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<p><b>Tuesday, February 16, 2016</b></p>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Lonestar Danceline</li> <li>• Cycling Class</li> <li>• Kid Zumba</li> <li>• Tutu’s and Taps</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Team Bailey Bootcamp</li> </ul>	<ul style="list-style-type: none"> <li>• Toddler Time</li> <li>• Book a Librarian – Tech Help</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Senior Sizzle Life Center Steppers</li> <li>• Computer Class</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<p><b>Wednesday, February 17, 2016</b></p>		<ul style="list-style-type: none"> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Swing Out</li> <li>• Lonestar Danceline</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>	<ul style="list-style-type: none"> <li>• Word Basics</li> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men’s Power Hour</li> <li>• The Walking Club</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Harmonizers</li> <li>• Senior Groom and Glamour Day</li> <li>• Movie Madness Sports, Games, and Board Mania</li> </ul>
<p><b>Thursday, February 18, 2016</b></p>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> </ul>	<ul style="list-style-type: none"> <li>• Teen Club Bingo Night</li> <li>• Book a Librarian – Tech Help</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Creative Card Making</li> </ul>

		<ul style="list-style-type: none"> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Lonestar Danceline</li> <li>• Cycling Class</li> <li>• Parent and Child Zumba</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> </ul>		<ul style="list-style-type: none"> <li>• Computer Class</li> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Senior Sizzle Life Center Steppers</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Friday, February 19, 2016</b>	<ul style="list-style-type: none"> <li>• Senior Life Center Black History Program, Senior Life Center</li> <li>• Night at the Museum, Visitors Center/State Auxiliary Museum</li> </ul>	<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Zumba</li> <li>• Winter Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Word Basics</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Jewelry Making</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• BINGO</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Saturday, February 20, 2016</b>		<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Open Swim</li> <li>• Yoga</li> <li>• Zumba</li> <li>• DancerSize</li> <li>• Dancing from the Soul</li> <li>• Winter Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> </ul>	
<b>Sunday, February 21, 2016</b>				
<b>Monday, February 22, 2016</b>		<ul style="list-style-type: none"> <li>• Move Your Body/Youth Dance Combo</li> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>	<ul style="list-style-type: none"> <li>• Genealogy Research Assistance</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men's Power Hour</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Water Exercise</li> <li>• The Walking Club</li> <li>• PuzzleRama</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Tuesday,</b>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> </ul>	<ul style="list-style-type: none"> <li>• Toddler Time</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies,</li> </ul>

<p><b>February 23, 2016</b></p>		<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Lonestar Danceline</li> <li>• Cycling Class</li> <li>• Kid Zumba</li> <li>• Tutu's and Taps</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Team Bailey Boot Camp</li> </ul>	<ul style="list-style-type: none"> <li>• Book a Librarian – Tech Help</li> </ul>	<p>and Reading Lounge</p> <ul style="list-style-type: none"> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Senior Sizzle Life Center Steppers</li> <li>• Computer Class</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<p><b>Wednesday, February 24, 2016</b></p>		<ul style="list-style-type: none"> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Swing Out</li> <li>• Lonestar Danceline</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>	<ul style="list-style-type: none"> <li>• PowerPoint Basics</li> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> </ul>	<p>and Reading Lounge</p> <ul style="list-style-type: none"> <li>• Men's Power Hour</li> <li>• The Walking Club</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Harmonizers</li> <li>• Senior Groom and Glamour Day</li> <li>• Movie Madness Sports, Games, and Board Mania</li> </ul>
<p><b>Thursday, February 25, 2016</b></p>		<ul style="list-style-type: none"> <li>• Fitness Swim</li> <li>• Morning Water Aerobics</li> <li>• Fitness Swim (Mid-day)</li> <li>• Swim Lessons</li> <li>• Youth Karate</li> <li>• Zumba</li> <li>• Lonestar Danceline</li> <li>• Cycling Class</li> <li>• Parent and Child Zumba</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> </ul>	<ul style="list-style-type: none"> <li>• Adult Anime Night</li> <li>• Book a Librarian – Tech Help</li> </ul>	<p>and Reading Lounge</p> <ul style="list-style-type: none"> <li>• Creative Card Making</li> <li>• Computer Class</li> <li>• Senior Sizzle Life Center Steppers</li> <li>• Knitting and Crochet Class</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Reading is FUN</li> <li>• Sewing and Quilting</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<p><b>Friday, February 26, 2016</b></p>		<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Zumba</li> </ul>	<ul style="list-style-type: none"> <li>• Computer Basics</li> <li>• Social Media – Google+</li> </ul>	<p>and Reading Lounge</p> <ul style="list-style-type: none"> <li>• Jewelry Making</li> </ul>

		<ul style="list-style-type: none"> <li>• Winter Basketball</li> </ul>		<ul style="list-style-type: none"> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• BINGO</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>
<b>Saturday, February 27, 2016</b>		<ul style="list-style-type: none"> <li>• Morning Water Aerobics</li> <li>• Fitness Swim</li> <li>• Open Swim</li> <li>• Yoga</li> <li>• Zumba</li> <li>• DancerSize</li> <li>• Dancing from the Soul</li> <li>• Winter Basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Family Story Time</li> <li>• Book a Librarian – Tech Help</li> </ul>	
<b>Sunday, February 28, 2016</b>				
<b>Monday, February 29, 2016</b>		<ul style="list-style-type: none"> <li>• Move Your Body/Youth Dance Combo</li> <li>• Parent/Tot Swim Lessons</li> <li>• Semi Private/Adult Swim Lessons</li> <li>• Zumba</li> <li>• Dancing from the Soul</li> <li>• Pickleball</li> <li>• Evening Water Aerobics</li> <li>• Jr. Mavs</li> <li>• Swim Team Practice</li> <li>• Evening Fitness Swim</li> </ul>	<ul style="list-style-type: none"> <li>• Genealogy Research Assistance</li> </ul>	<ul style="list-style-type: none"> <li>• News, Movies, and Reading Lounge</li> <li>• Men's Power Hour</li> <li>• Bid Whiz, Spades, Chicken Foot, and Chess</li> <li>• Water Exercise</li> <li>• The Walking Club</li> <li>• PuzzleRama</li> <li>• Movie Madness</li> <li>• Sports, Games, and Board Mania</li> </ul>



## City of Lancaster February 2016 Activities, Programs and Special Events

The following events are free, open to the public, and considered **citywide** and/or highlighted events:

---

### **Mardi Gras (Mask Making)**

- Thursday, February 4, 2016, 5:00 p.m. – 7:00 p.m., Library

### **Friends of the Library Used Book Sale**

- Thursday – Saturday, February 4, 5, and 6, 2016, Library

### **Senior Life Center Valentine's Day Social**

- Friday, February 12, 2016, 10:30 a.m. – 11:30 a.m., Senior Life Center

### **Parent/Child Valentines Dance**

- Friday, February 12, 2016, 6:00 p.m. – 9:00 p.m., Recreation Center

### **School Out/Day Camp**

- Monday, February 15, 2016, 7:30 a.m. – 6:30 p.m., Recreation Center

### **Senior Life Center Black History Program**

- Friday, February 19, 2016, 10:00 a.m. – 2:00 p.m., Senior Life Center

### **Night at the Museum**

- Friday, February 19, 2016, 7:00 p.m. – 9:00 p.m., Visitors Center/State Auxiliary Museum

The **Lancaster Recreation Center** coordinates the following activities, programs, and events:

---

### **Adventure of a Lifetime S.A.F.E. Afterschool Program Registration is Open**

(Grades K – 8<sup>th</sup>) Our after school program is back. Open to youth Age 5-13 Child must be enrolled in a public or private school, kindergarten through 8<sup>th</sup> grade, the after school program is an excellent resource for working parents. Sign up in person at the Lancaster Recreation Center. Birth Certificate and an active Recreation ID Card are required. For additional information contact the Lancaster Recreation Center at 972-218-3700.

- **Monday - Friday, 3:30 p.m. - 6:30 p.m.** **\$85 per week for first child,  
\$70 per week for second child**

### **Body Pump – Self Pace Program for Adults**

Body Pump is a conditioning and weight training, self-paced program using stationary weight equipment and a variety of exercises for each weight station. Free with Fitness Atrium membership.

- **Monday – Friday, 8:00 a.m.** **Free with Fitness Atrium  
Membership**

### **Cycling Class (18 and Up)**

This Indoor cycling class can increase energy, cardiovascular fitness and improve lower body strength. Depending on how fast you pedal and the amount of resistance you have on the bike, your heart and lungs will benefit.

- **Tuesday and Thursday, 6:30 p.m. – 7:15 p.m.** **\$30 a per month**

### **DancerSize for Adults**

DancerSize is a line dance exercise class that allows you to dance your way through a fulfilling cardio workout.

- **Saturday, 9:15 a.m. - 10:15 a.m.** **\$25 per month, \$8 drop-in**

### **Evening Fitness Swim**

- **Monday and Wednesday, 6:30 p.m. – 8:30 p.m.** **\$15 per month Resident  
\$20 per month Non-Resident  
\$3 Drop in**

### **Fitness Atrium Orientation**

This orientation will teach you the basics of using fitness equipment in a safe and proper manner to minimize injuries. State of the art equipment, multiple televisions and locker rooms make it easy to fit in a workout.

- **Monday - Thursday, 9:00 a.m. – 6:00 p.m.** **\$20 per month Resident  
\$25 per month Non-Resident  
Annual Pass, \$160 per year  
Resident  
\$200 per year Non-Resident**

### **Fitness/Lap Swim**

Swim for fitness during the mornings, afternoon or evenings.

- **Monday – Friday, 6:30 a.m. – 8:30 a.m. and  
10:00 a.m. – 12:00 Noon** **\$15 per month Resident  
\$20 per month Non-Resident**
- **Monday and Wednesday, 6:30 p.m. – 8:30 p.m.** **Drop in, \$3 Resident**
- **Saturday, 10:00 a.m. – 11:45 a.m.** **Drop in, \$5 Non Resident**

### **Group Swim**

We offer a special daily swim time for children who are home schooled and for day care groups. You must register in advance to attend. For more information, contact the Recreation Center at 972-218-3700.

- **Monday – Friday, 10:00 a.m. – 12:00 Noon** **Admission \$3 per swimmer**

### **Hip Hop Dance “Dancing from the SOUL” (Age 4 - 18)**

Come and join this high-energy dance class for youth while increasing your rhythm and flexibility skills.

- **Monday, 7:30 p.m. – 8:30 p.m.** **\$30 per month**
- **Wednesday, 6:00 p.m. – 7:00 p.m.**
- **Saturday, 10:00 a.m. – 12:00 Noon**

### **Lonestar Danceline**

Basic training in Hip-Hop, Majorette, Stands, and conditioning for Age 5-17. Danceline introduction to all styles, drills, studio and boot camp - Come prepared to work it out with Lonestar Danceline.

- **Tuesday, Wednesday, and Thursday** **\$30 per month**  
**5:30 p.m.-8:30 p.m.**

### **Morning Water Aerobics**

Have you ever noticed how challenging it is to walk through a swimming pool? The resistance provided by water makes it a great exercise course for all fitness levels. It is low-impact yet increases stamina and strength.

- **Monday – Friday, 9:00 a.m. – 10:00 a.m.** **\$30 per month, \$5 drop in**
- **Saturday, 9:00 a.m. – 9:45 a.m.** **\$12 per month; \$5 drop in**

### **Move Your Body/Youth Dance Combo (Age 6 - 16)**

Learn several different styles of dance! Youth will learn techniques of lyrical jazz, hip-hop and ballet moves, with a focus on leading healthy and active Lifestyles.

- **Monday, 5:15 p.m. Beginners Class** **\$30 per month**
- **Monday, 6:15 p.m. Advance Class**

### **Open Swim**

The pool is open for use by the public and monitored by a friendly, experienced and certified staff of Lifeguards.

- **Saturday, 12:00 Noon – 5:00 p.m.** **Admission, \$5 Resident**  
**\$7 Non Resident**

### **Parent/Tot Swim Lessons**

Both parent and child will be in the pool, while developing the child's comfort level in the water - Basic aquatic safety training provided in preparation for formal lessons.

- **Monday and Wednesday, 5:30 p.m. – 6:15 p.m.** **\$30 per session**

### **Personal Fitness Program Assessments**

Recreation Center members receive a free fitness assessment that covers strength and endurance, flexibility, balance, blood pressure, BMI and fat count. Once that is determined, individuals receive a workout plan to help give a solid beginning to living a healthy and active Lifestyle; this is an eight week program.

- **Monday - Thursday, 10:00 a.m. – 5:00 p.m.** **Free with Recreation ID Card**

### **Pickleball**

A racquet sport that combines elements of badminton, tennis and table tennis - Paddles and balls provided.

- **Monday - Thursday, 10:00 a.m. – 2:00 p.m.** **Free with Recreation ID card**

### **Power Hour Power Walk**

Make the most of your lunch hour! For those looking for a low-impact option, join others to power walk at our climate-controlled, indoor walking track.

- **Monday – Friday, 12:00 Noon – 1:00 p.m.** **Free with Recreation ID card**

### **Semi Private/Adult Swim Lessons**

Formal swim lessons, which include a water safety education program, as governed by the American Red Cross.

- **Monday and Wednesday, 6:30 p.m. – 7:15 p.m.** **\$50 per session**

### **Swim Lessons**

Formal swim lessons, which include a water safety education program, as governed by American Red Cross.

- **Tuesday and Thursday, 5:30 p.m. – 6:15 p.m., and 6:30 p.m. – 7:15 p.m.** **\$30 per Session**

### **Tutu's and Tap (Age 3 - 5)**

Tots love to dance! Introduce your child to ballet, tap rhythms and games to improve their coordination and confidence.

- **Tuesday, 5:15 p.m. - 6:15 p.m.** **\$30 per month**

### **Yoga Basics**

This class will promote the union of your mind, body and spirit. Participants will learn deep breathing and relaxation techniques; connecting the mind and body together for overall health and wellbeing.

- **Wednesday, 6:30 p.m. – 7:30 p.m.** **\$35 per month (One Class)**
- **Saturday, 1:00 p.m. – 2:00 p.m.** **\$50 per month, (Both classes)**  
**\$7 drop in**

### **Youth Karate (Age 4 - 16)**

Karate provides physical fitness, self-defense training, Life discipline and effective martial arts training.

- **Tuesday and Thursday, 5:30 p.m. - 6:30 p.m., and 6:30 p.m. - 7:30 p.m.** **\$40 per month**

### **Zumba Fitness for Adults**

Zumba is a fitness class that blends upbeat world rhythms with easy-to-follow choreography for a total body workout that feels like a celebration.

- **Monday, Wednesday and Friday mornings 8:00 a.m. – 9:00 a.m.** **\$25 per month**
- **Monday, Tuesday, and Thursday evenings 6:00 p.m. – 7:00 p.m.** **\$25 per month**
- **Saturday mornings 8:00 a.m. – 9:00 a.m.** **\$15 per month**
- **Tuesday evenings (Child and Parent Zumba) 5:30 p.m. – 5:55 p.m.** **\$15 per month**
- **Thursday evenings (Kid Zumba) 5:30 p.m. – 5:55 p.m.** **\$10 per month**

The Lancaster Recreation Center is located at 1700 Veterans Memorial Parkway. For further information and directions, please call (972) 218-3700.

The **Lancaster Veterans Memorial Library** coordinates the following activities, programs, and events:

---

### **Adult Anime Night**

Anime night for adults! If you enjoyed anime as a member of the teen club, you can still come to the adult group. Watch an anime film and talk to other anime enthusiasts about your favorite anime and manga series.

- **Fourth Thursday of each month, 6:30 p.m.**

### **Adult Colorists Society**

Enjoy the relaxing hobby of coloring with fellow enthusiasts.

- **Second Thursday of each month, 6:30 p.m.**

### **Book a Librarian – Tech Help!**

Need help with a computer problem, but cannot make it to class? Book your appointment with one of our Librarian – Tech Help today. Participants must make all appointments 72 hours in advance. For more information, call the Library Information Desk at 972-227-1080.

- **Tuesday, Wednesday, and Thursday, 1:00 p.m. – 4:00 p.m.**
- **Saturday, 9:00 a.m. – 11:00 a.m.**

### **Computer Classes for Adults**

Topics vary, but most classes are on an introductory level.

- **Wednesday and Friday, 10:30 a.m.**

### **Family Story Time**

For all children and their families - Join us for singing, dancing, crafts, and of course stories!

- **Wednesday, 4:00 p.m.**
- **Saturday, 1:00 p.m.**

### **Jr. Search Skills Classes for Military Veterans**

Get tips for creating resumes, performing online job searches, and related topics.

- **First Tuesday of each month, 6:30 p.m.**

### **Teen Club**

All youth ages 11-18 are welcome to enjoy movies, crafts, games, and fun.

- **First and Third Thursday of each month, 5:00 p.m. – 7:00 p.m.**

### **Toddler Time**

Especially for children under the age of four, listen to stories, sing, dance, play, and make take homes craft!

- **Tuesday, 10:30 a.m.**

These events are free of charge and open to the public. The Library is located at 1600 Veterans Memorial Parkway. For further information and directions, please call (972) 227-1080.

The **Lancaster Senior LIFE Center** coordinates the following activities, classes, programs, and events:

---

### **BINGO**

Engage in a fun game of matching numbers on a card, until someone yells BINGO and (wins)! A variety of unique, practical and colorful prizes awaits the winners!

- **Friday, 1:00 p.m.**

**Cost is \$0.25 per card**

### **Computer Class**

Enjoy computer classes for members with a patient computer instructor. Instructional classes will range from beginners, intermediates to advanced learners in a comfortable environment.

- **Tuesday and Thursday, 10:30 a.m.**

**FREE**

### **Congregate Meal Program**

Ensures a nutritious meal for senior participants Age 60 years of age and older. It is free and senior participants do not have to be a member of the Lancaster Senior LIFE Center. Participants must complete an intake form and nutrition assessment *prior* to participating in the Congregate Meal Program. This program is sponsored in part by the Dallas Area Agency on Aging "DAAA" and the Texas Department of Aging and Disability Services.

- **Monday - Friday, 12:00 Noon - 1:00 p.m.**

**Senior participants Age 50-59  
can purchase the nutritious meal  
for a fee of \$7.00**

### **Creative Card Making Class**

Learn to make your very own personal greeting cards. All is required is your own and unique creativity and inspiration. The sky is the limit on what you can create from just paper and rubber stamps.

- **Thursday, 10:00 a.m.**

**Cost is \$1.00 per card**

### **Harmonizers**

Come and join the majestic and musical voices which are delightful to all those that listen. The Harmonizers welcome all members who want to spread the universal language and love of music. The Harmonizers will occasionally perform at City events.

- **Wednesday, 1:30 p.m.**

**FREE**

### **Jewelry Making Class**

Bring your own materials to this class and learn how to make the latest jewelry designs, or repair damaged jewelry. The purchase of a jewelry kit is not necessary. One will be provided for you. No experience is required. Bring your imagination to create unique and exquisite designs.

- **Friday, 10:30 a.m.**

**FREE**

### **Knitting and Crochet Class**

Come and enjoy the lively company of other members, designing hats, sweaters, blankets, scarfs, etc. through the art of steel and yarn. This class is open to all, beginners, intermediates and advanced members.

- **Tuesday and Thursday, 10:00 a.m.**

**FREE**

### **Men's Power Hour**

Nothing compares with fellowship with the fellows who come together to discuss and engage in conversations which are important to men specifically. Weekly topics vary leading to very lively discussion. Open to men of all ages.

- **Monday and Wednesday, 10:00 a.m.**

**FREE**

### **PuzzleRama**

Are you good at “putting the pieces” together? If so, come and do so with a group of engaging and analytical seniors.

- **Monday, 1:00 p.m.** **FREE**

### **Reading is FUN**

Popularity at its best! Readers are leaders and Reading is FUN. This is a wonderful opportunity to read and learn, as well as share stories that have become movies or television series. The group at large will determine the reading material and program. Come, share, engage and be empowered.

- **Tuesday and Thursday, 1:00 p.m.** **FREE**

### **Senior Groom and Glamour Day**

A day set aside for members to be treated as “golden” and pampered. Services include: facials; women and men haircuts, eyelash tabbing for women, artificial eyelash strips for women, eyebrow and lip waxing; manicures and pedicures (men and women); nail art (hand drawn only, no jewels or rhinestones, etc.), shampoo and styles. Seating is extremely limited. Sign up required.

- **First and Fourth Wednesday, 1:30 p.m.** **FREE**

### **Senior Recreation Day at the Recreation Center**

This class offers low impact water exercises and aerobics, and the physical exercise of Pickleball and the Walking Club.

- **Third Wednesday of each month, 10:30 a.m.** **FREE**

### **Senior Sizzle Life Center Steppers**

Come join us as we sizzle to Zumba, line dance, and low impact energetic dance routines.

- **Tuesday and Thursday, 11:00 a.m.** **FREE**

### **Sewing and Quilting Class**

Bring your own materials and enjoy conversation, assistance with technique and the company of fellow craftsman, a quilting horse is provided. Participants regularly create items to donate to area hospitals and care facilities.

- **Tuesday and Thursday, 1:00 p.m.** **FREE**

### **The Walking Club**

Get healthy and fit through walking and low-impact exercise. The Lancaster Senior LIFE Center participants will be transported to the Lancaster Parks and Recreation Center to walk indoors. The Walking Club is growing in numbers weekly. Walking is the simplest form of exercise to keep your heart, mind, body and soul healthy.

- **Monday and Wednesday, 10:30 a.m.** **FREE**

### **Water Exercise Class**

A great class for all fitness levels, with a focus on balance, and more flexibility for stressed joints. A very comfortable workout! Class meets every third Wednesday of the month at 10:30 a.m. Transportation will be provided from the Senior LIFE Center to the Lancaster Parks and Recreation Center.

- **Third Wednesday of each month, 10:30 a.m.** **FREE**

The Senior Life Center is located at 240 Veterans Memorial Parkway. For further information and directions, please call (972) 218-3780.

###