



CALENDAR ADVISORY

For Immediate Release

Tuesday, January 29, 2019

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City of Lancaster February 2019 Activities, Programs & Special Event

Lancaster, TX – The City of Lancaster invites you to stay connected with us! “LIKE” us on Facebook ([Facebook.com/CityofLancasterTX](https://www.facebook.com/CityofLancasterTX)), follow us on Twitter, ([Twitter.com/Lancaster_TX](https://twitter.com/Lancaster_TX)) and register for the Lancaster Live, weekly e-mail subscription that includes upcoming events and valuable information. To sign up for the Lancaster Live and to view more upcoming events, visit us online at www.lancaster-tx.com.

The City of Lancaster invites you to participate in the following upcoming activities, programs and special events.

Jan. 7th- March 3rd, ITT Community Challenge, Register online, www.ittcommunitychallenge.com, and join the Lancaster Community in the statewide health competition to win a \$1,800 health grant for local schools.

Friday, February 1st

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

E-Library, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn about electronic library resources available to maximize your learning opportunities.

Senior Walking Club, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

Sunday, February 3rd

Big Game Watch Party, 6:00 p.m. Country View Golf Club, 240 W. Beltline Rd. Watch the big screen TV and enjoy the Country View Bar & Grill with friends.

Monday, February 4th

Walk-In Court Dockets, Sign in: 8:00 a.m. to noon; Docket Time: 1:00 p.m.-2:00 p.m. Municipal Court, 220 W. Main St. Opportunity for defendants that have outstanding warrants or delinquent cases to speak to the prosecutor/judge to resolve their case.

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.



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Senior Walking Club, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Senior Outing, Movie Matinee, 12:45 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Enjoy a trip to the movie theatre to see a new release and meet new friends.

Yoga, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

Genealogy Research, 6:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Get free assistance from an experienced researcher.

Tuesday, February 5th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Toddler Storytime, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

Senior Black History Program, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Honoring the past and present of black history in the United States of America.

Tutus and Tap, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Zumba Fitness, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Cycling, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

Wednesday, February 6th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Senior Walking Club, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

Computer Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn skills needed for successful computing using a mixed-method approach of techniques.

Family Storytime, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Swing Out, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.



CALENDAR ADVISORY

Thursday, February 7th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Creative Card Making, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

Free AARP Tax Help, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

Teen Club, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Join us for anime shows, discussions, trivia, music, and snacks. Ages 14 – 18 years old.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Friends of the Library Used Book Sale, 6:00 p.m. – 8:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Annual used book sale, sneak peek sale for members of the Friends of the Library.

Swim Team, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

Friday, February 8th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Friends of the Library Used Book Sale, 10:00 a.m. – 6:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Annual used book sale, open to the public.

Senior BINGO, 1:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Compete with your peers and join us for a fun game of BINGO.

Computer Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn skills needed for successful computing using a mixed-method approach of techniques.

Parent Child Valentines Dance, “A Night Among Stars” 6:00 p.m. – 9:00 p.m. Lancaster Recreation Center Grand Hall, 1700 Veterans Memorial Pkwy. \$5.00 per person, advanced registration is required. Semi-Formal Attire. Dinner provided.

Saturday, February 9th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Friends of the Library Used Book Sale, 9:00 a.m. – 3:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Annual used book sale, open to the public

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Dancing from the Soul, 10:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.



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Family Storytime, 1:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

Monday, February 11th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Dallas Area Agency on Aging (DAAA) Benefits Counseling, 9:00 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Senior and caregiver counseling on public entitlement programs including Social Security, Supplemental Security Income, Medicare and Medicaid.

Senior Walking Club, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Yoga, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

Black History Month Program, 6:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. "Freedman's Town Tour" A historical tour of the oldest black communities in the metroplex area presented by historian George Keaton.

Genealogy Research, 6:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Get free assistance from an experienced researcher.

Tuesday, February 12th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Toddler Storytime, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

Knitting and Crochet Class, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Beginner, intermediate, or expert! All skill levels are welcome to learn how to create crocheting masterpieces. Membership required.

Tutus and Tap, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Zumba Fitness, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Cycling, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.



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Wednesday, February 13th

Free Vet Services, (for residents within the 75134 zip code): Every other Wednesday of each month at 1501 N. Dallas Avenue. Appointments are required; call 972-472-3500.

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Senior Stretch Exercise, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Resistance exercises with senior citizens in mind. Low impact yet increases stamina and strength.

Word Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft Word.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Swing Out, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.

Thursday, February 14th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Creative Card Making, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

Free AARP Tax Help, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Family Movie Night, 6:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Enjoy a family friendly movie and refreshments. Movie screening, “The Gabby Douglas Story.”

Swim Team, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

Friday, February 15th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Word Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft Word.

Billiards and Board Games, 1:00 p.m. Senior Life Center, 240 Veterans Memorial Pkwy. Compete with your peers and join us for fun games.

Pre-Election Information, Last day for filing application for place on ballot for City Council Districts 1, 3, and 5. (Due by 5:00 p.m. at City Secretary’s Office).



CALENDAR ADVISORY

Saturday, February 16th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Dancing from the Soul, 10:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Penny Paws Mobile Vaccination Clinic, 12:00 p.m.- 2:00 p.m., Lancaster Animal Shelter, 690 E. Main St. Low cost pet vaccinations. First come, first serve.

Family Storytime, 1:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome.

Monday, February 18th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Yoga, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

Black History Month Program, 6:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. "Beginning African American Genealogy" with Mary Sykes.

Tuesday, February 19th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Toddler Storytime, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

Knitting and Crochet Class, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Beginner, intermediate, or expert! All skill levels are welcome to learn how to create crocheting masterpieces. Membership required.

Tutus and Tap, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Zumba Fitness, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Cycling, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

Pre-Election Information, Last day for write-in Candidate to declare candidacy by 5:00 p.m. at City Secretary's Office.



CALENDAR ADVISORY

Wednesday, February 20th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Cedar Valley College Health Fair, 10:00 a.m. – 2:00 p.m. Cedar Valley College, 3030 N. Dallas Ave. Upper levels Building A, B, C. Free health screening and informational resources.

Senior Water Exercise, 10:30 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Resistance exercises with senior citizens in mind. Low impact yet increases stamina and strength.

Senior Walking Club, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

PowerPoint Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft PowerPoint.

Family Storytime, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Swing Out, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.

Thursday, February 21st

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Senior Outing, Crescent Medical Center BINGO Brunch, 9:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Sharing information on health services available to the community along with food and games.

Creative Card Making, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

Free AARP Tax Help, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

Teen Club, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Join us for anime shows, discussions, trivia, music, and snacks. Ages 14 – 18 years old.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Black History Month Program, 6:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. “The History of Black Midwives and Midwifery Care” presented by LaQuinta Brazile.

Swim Team, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

Friday, February 22nd



CALENDAR ADVISORY

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

PowerPoint Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft PowerPoint.

Billiards and Board Games, 1:00 p.m. Senior Life Center, 240 Veterans Memorial Pkwy. Compete with your peers and join us for fun games.

Saturday, February 23rd

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Country View Scramble, 8:00 a.m., Country View Golf Course, 240 W. Beltline Rd. Entry fee includes green & cart fee, breakfast, burger buffet, raffle, prizes and more. Contact us at 972-227-0995 to sign up TODAY!

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Couch to 5K Walk/Run, 9:00 a.m. – 11:00 a.m. Lancaster Senior Center, 240 Veterans Memorial Pkwy. All fitness levels welcome! Join for a 5K Walk/Run, fitness demonstrations, health screenings, prizes/giveaways, vendors, and more. Visit www.lancaster-tx.com to register.

Dancing from the Soul, 10:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Family Storytime, 1:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome.

Rock, Paper, Scissors, 3:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Join us as we listen to rock music while crafting with paper.

Monday, February 25th

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Yoga, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

Genealogy Research, 6:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Get free assistance from an experienced researcher.

Tuesday, February 26th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.



CALENDAR ADVISORY

Toddler Storytime, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

Knitting and Crochet Class, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Beginner, intermediate, or expert! All skill levels are welcome to learn how to create crocheting masterpieces. Membership required.

Tutus and Tap, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

Zumba Fitness, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Cycling, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

Wednesday, February 27th

Free Vet Services, (for residents within the 75134 zip code): Every other Wednesday of each month at 1501 N. Dallas Avenue. Appointments are required; call 972-472-3500.

Zumba Fitness, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

Senior Water Exercise, 10:30 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Resistance exercises with senior citizens in mind. Low impact yet increases stamina and strength.

Senior Walking Club, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

Excel Basics, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft Excel.

Family Storytime, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

Dancing from the Soul, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

Swing Out, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.

Thursday, February 28th

Water Aerobics, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

Creative Card Making, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

Free AARP Tax Help, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

Karate, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.



CITY OF LANCASTER
SHINING STAR OF TEXAS

CALENDAR ADVISORY

Family Craft Night, 6:30 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Make a take-home craft as a family, all supplies are provided. All ages welcome

Swim Team, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

END OF PRESS RELEASE

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