



The

# an Lancaster Connection

SUMMER ISSUE  
2006

Lancaster  
**2006**  
All-America City Finalist

*VISION 2020: LANCASTER IS A PROUD VIBRANT CITY. We Celebrate Our Diversity and History, AND Preserve Our Natural Beauty. OUR Citizens Take Pride in Our City. THE LANCASTER COMMUNITY IS THE Best Place to Live with Excellent Schools and Educational Opportunities AND Attractive Corridors and Neighborhoods. OUR CITIZENS ENJOY CONVENIENT LIVING.*

## Lancaster's new and improved trash collection service begins in June

The new trash program moves us toward the vision for our community:

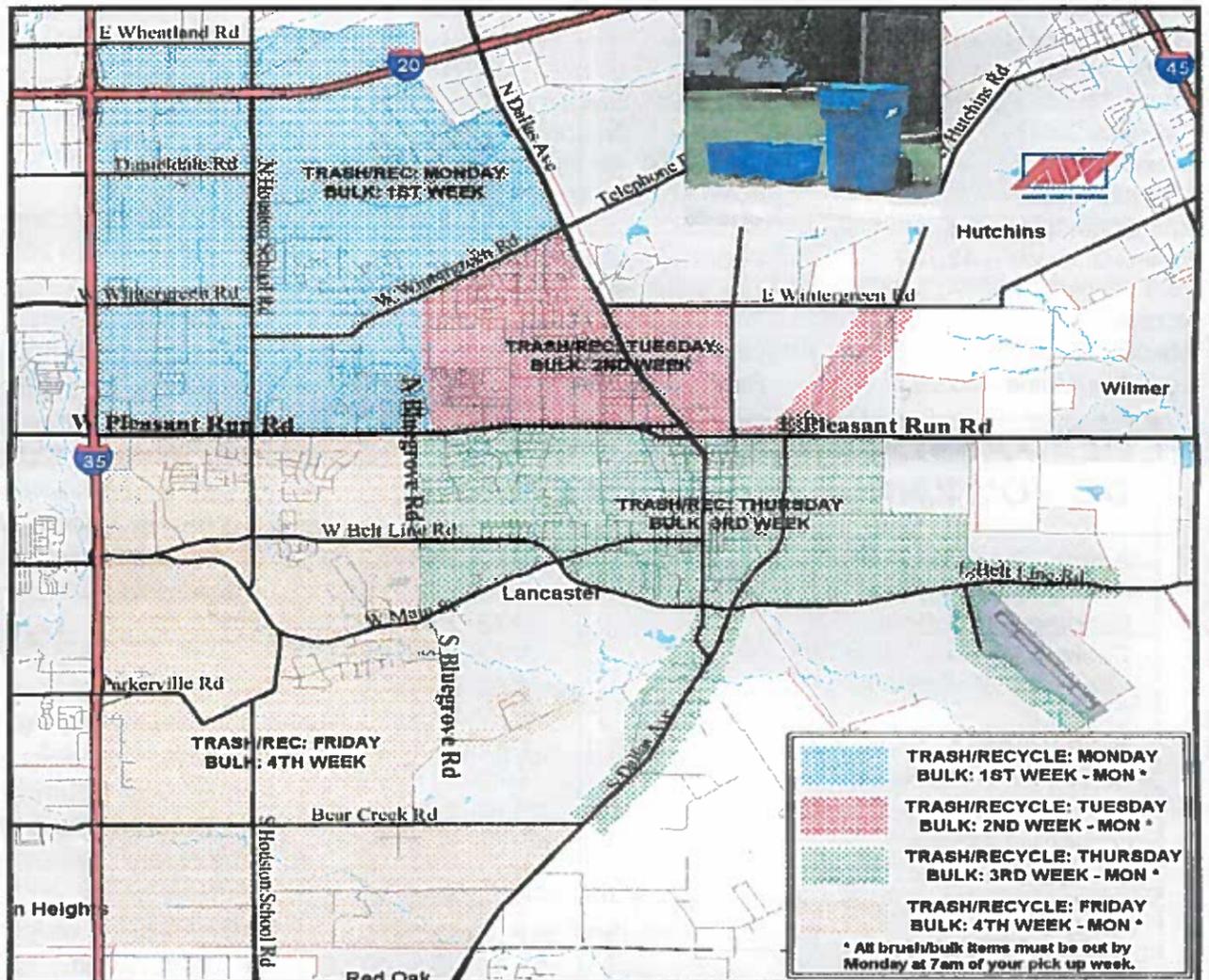
A new 95 gallon polycart will be delivered to each residential customer starting June 5. New automated cart service begins the week of June 19. See map on page 7 for your pickup day.

Your basic service includes the following: once a week trash and recycling collection, every other

month brush/bulky collection and on-call special request for brush/bulky collection. See page 7 for details about new cart service.

### Special needs assistance available

- If you are physically unable to roll your cart to your pickup location, help is available
- A City staff member will visit you at your home to determine the best way to accommodate you
- Call 972-218-1305 to request a special needs application form



**CONNECTING WITH RESIDENTS, NEIGHBORHOODS AND BUSINESSES.**

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### Brush/bulk collection:

- Every other month brush/bulk collection-see map above to determine your pickup week.
- Typical bulk items include furniture, appliances (refrigerators must be certified that freon is removed), fence material, etc. No tires please!
- All brush/bulk must be placed in front of the home within 2 feet of the street.
- Brush/bulk must be placed no earlier than the Saturday before and no later than 7 AM on Monday of your pickup week. Pickup week runs Monday-Friday.
- Collection months = August, October, December, February, April, June. Pickup week is determined by the Mondays of the month.
- 12 cubic yards maximum = size of 12 washing machines (3'X3'X36') or a Jeep Wrangler (6'X6'X10')
- **No brush/bulk pickup during the months of July, September, November, January, March or May.** (continued on page 7)



Juneteenth-  
(page 2)

**City Holidays  
July 3rd & 4th**

The City of Lancaster  
Post Office Box 940  
Lancaster, Texas 75146

PRSR STD  
U.S. Postage  
PAID  
LANCASTER, TX  
Permit No. 4

Postal Customer



2006 All-America City Finalist Competition

In April, the National Civic League announced 34 finalist communities for the 2006 All-America City Award program. The All-America City (AAC) Award program is the nation's oldest community recognition effort that recognizes communities of all sizes— including neighborhoods, towns, cities, counties and regions—who have made major progress in meeting their most important needs.

This year's finalist communities span the country from Washington state to Florida and southern California to Maine. The total population represented by the finalist communities is 3,598,775 with Braselton, Georgia being the smallest community (population 1,206) and Columbus, Ohio being the largest (population 728,432).

Lancaster has numerous challenges and opportunities that present themselves, and that is exactly what the award is about. It recognizes communities that make the tough decisions to identify those challenges and attempt to address them through a collaborative inclusive process that will yield positive outcomes for the entire community. We are not a perfect city, but we are continuously looking for ways to say yes to our residents by ensuring we have quality education, housing and quality of life amenities.

2006 All-America City Finalists

Table listing 34 finalist communities and their populations, including Cape Girardeau, Missouri (35,741) and Lancaster, Texas (31,500).

City Election Results

The 2006 City Council election was held May 13, 2006 for the office of mayor and councilmembers to represent city council districts 2, 4 and 6. Incumbent Mayor Joe Tillotson was re-elected for a two-year term.

City elections are held the second Saturday in May each year. In 2007, council districts 1, 3 and 5 will be up for election. To cast a ballot in a municipal election, you must be a registered voter residing in the council district being considered for election or citywide for the mayoral race.

NEED ASSISTANCE? DO YOU KNOW WHERE TO CALL?

Table listing various city services and their phone numbers, such as Animal Control (972-218-1210) and Public Works (972-218-1200).

Juneteenth

The cities of Cedar Hill, DeSoto, Duncanville and Lancaster have joined together to celebrate the cultural diversity of the Best Southwest area again for the 3rd Annual Best Southwest Juneteenth Celebration to be held, Saturday, June 17, 2006 at Armstrong Park located at the corner of Main and Wheatland in Duncanville.

EVERYONE is welcome to come out and be a part of the celebration. There are opportunities for participation from all members of the community. The event will incorporate elements from the past as well as celebrations depicting our present and future. The celebration will begin at 4:00 p.m. with events and activities lasting until 10:00 p.m.



To obtain additional information or applications to participate in any of the competitions, or as a vendor, please contact Angie Henley (972) 780-5086. For additional information please visit our website at www.lancaster-tx.com.



## YOUR COMMUNITY NEEDS YOU!

The city of Lancaster needs people who have a real interest in the community to serve on one of the many boards and commissions. The City Council appoints volunteers to numerous boards and commissions to serve the City Council and their fellow citizens in an advisory capacity and/or in carrying out the functions reserved to them by City Code and State Statute.

### Airport Advisory Board

This Board of six members and one alternate serves two-year terms in an advisory capacity and makes proposals to Council regarding the operation, expansion, improvement, and maintenance of the Airport.



The following boards have seven members who serve two-year terms:

### Lancaster Recreational (4B) Development Corporation

The Board is commissioned to prepare a development plan with the objective of developing and diversifying the recreational, educational, and cultural aspects of the City.

### Housing Advisory and Appeals Board

The board has five regular members and one alternate who serve pursuant to State Law and the Lancaster City Code. This board is charged with the protection of the health, safety, morals and welfare of the citizens of Lancaster. The board's decisions are authoritative in nature.

### Library Advisory Board

This board, which serves in an advisory capacity, promotes public interest in the Library, coordinates projects and services for the Library, and recommends Library policies to the City Council.

The following boards have five members and serve two-year terms:

### Parks and Recreation Advisory Board

This board studies and makes inspections of the parks and recreational programs of the City and advises the City Council on present and future planning, acquisition, development, enlargement, and use policy of the parks and recreation system. The board serves in an advisory capacity to City Council.

### Historic Landmark Preservation Committee

Serves in an advisory capacity to Planning & Zoning.

### Lancaster Economic (4A) Development Corporation

The 4A Board is commissioned to research and develop a plan for economic development for the City, with such plan to be submitted to the City Council for approval; to prepare an annual budget for approval by the Council; and to authorize deposits and investment of public funds within the scope of its stewardship.

### Planning and Zoning Commission

The Planning and Zoning Commission is a statutory board created pursuant to State Law and Lancaster City Code. Members review, hold public hearings, and make recommendations to the City Council regarding requests for change in zoning district classifications; text changes to the City's zoning ordinance; and permanent zoning to be given newly annexed areas.

### Zoning Board of Adjustment

This Board is a statutory board created pursuant to State Law. It hears appeals based on determinations made in the enforcement of the zoning ordinance and hears and decides special exceptions to the terms of the zoning ordinance in certain cases. This Board renders authoritative decisions. Any appeals from the decisions of ZBA are made to District Court.

**City of Lancaster  
Boards and Commission Application**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Hm Phone: \_\_\_\_\_ Wk/Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Length of residency in Lancaster: \_\_\_\_\_

Profession: \_\_\_\_\_

Please list the Boards/Commissions/Corporations you wish to serve on in order of preference.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

List, or attach on a separate sheet or a resume, any particular qualifications you feel would be beneficial to serving on any particular board or commission.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

For consideration during the annual appointment process in July, please submit your application by July 10, 2006. To be an effective member of a board or Commission, you must be willing to attend and participate at scheduled meetings.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

For consideration during the annual appointment process in July, please submit your application by July 10, 2006. Applications are always welcome as vacancies may occur throughout the year. Please return your completed application to the City Secretary's office at 211 N. Henry, Lancaster, TX 75146 or fax the application to 972-218-1399. You may also obtain an application on the City's website at [www.lancaster-tx.com](http://www.lancaster-tx.com). Need more information? Call the City Secretary's office at 972-218-1310.

\*City Council is reviewing Board and Commission functions. Responsibilities of some boards and commissions are subject to change.



## LISD 2006-2007 School Calendar

### July 2006

4 District Holiday

### August 2006

9-11 New Teacher Academy  
14-18 Staff Development/WD  
21 Classes Begin

### September 2006

4 Labor Day Holiday  
29 Six weeks ends (29 days)

### October 2006

6 Staff Development/Student Holiday  
9 Fair Day

### November 2006

10 Six weeks ends (28 days)  
20-24 Thanksgiving Holiday

### December 2006

21 Early Release  
22-31 Winter Break

### January 2007

1,2,3 Winter Break  
4-5 Staff Development/Student Holiday  
8 Classes resume  
12 Six weeks ends (29 days)  
15 MLK Holiday  
16 Classes begin 2nd semester

### February 2007

23 Six weeks ends (29 days)

### March 2007

12-16 Spring Break

### April 2007

6 District Holiday  
13 Six weeks ends (29 days)

### May 2007

28 District Holiday

### June 2007

1 Six weeks ends (34 days)  
4 Teacher Workday/Student Holiday  
4,5 Inclement Weather Days

[www.lancasterisd.org](http://www.lancasterisd.org)

## Elementary Summer School Dates & Locations

### Summer Academy Dates and Hours

**Dates:** June 5 – June 30 (Monday – Friday)  
**Teachers Hours:** 7:30 a.m. – 12:30 p.m.  
**Student Hours:** 8:00 a.m. – 12:00 p.m.  
**Breakfast:** 7:30 - 8:00

### Summer Academy Sites

**Grades Pre-K – 4**  
**West main Elementary School**  
**Grades 5 – 8**  
**Pleasant Run Elementary**

## Tiger Summer Reading Project

Summer reading assignments will be handed out the last two weeks of school (May 15-26).

Every student who has completed grades PK-11 must turn in their assignment on the first day of school, August 21, 2006.

Grades PK-4 - Students will receive an activity book to use with books they read of their own choice.



Grades 5-11 - Students will be provided book and project information.

For questions contact the Principal at your child's school.

Every student in the Lancaster Independent School District will be required to complete a Summer/Winter Reading and/or Academic Project or Packet. The projects and/or packets will be due the first day students return to school in the class or period designated by the campus. Failure to complete the project and/or packet will lead to immediate suspension until completed.

## Summer Nutrition Program

**Free breakfast and lunch open to ALL Lancaster children ages 1-18**

### Locations:

**Pleasant Run Elementary**  
**427 W. Pleasant Run Rd.**

**West Main Elementary**  
**531 W. Main St.**

**Tiger Stadium**  
**N. Dallas Ave.**



Breakfast Monday-Friday  
7:30 a.m. -8:00 a.m.

Lunch Monday-Friday  
11:30 a.m. -1:30 p.m.

**Meals served**  
**June 1, 2006 - August 11, 2006**

**All Lancaster Children are eligible regardless of income**

**For more information call 972-218-3031**

## Reducing Fats, Oils, and Grease in Your Community

Fats, oils, and grease (FOG) can cause serious damage to your community's sewer system. Every year communities spend billions unclogging or repairing pipes. FOG clogs pipes and the bits of rotting food trapped in the FOG form hydrogen sulfide. The hydrogen sulfide combines with water to form sulfuric acid, which eats the pipes. The clogs caused by FOG can also cause sanitary sewer overflows, which expose people to raw sewage—a serious health hazard—and are expensive to clean up.

### Keeping Fats, Oils, and Grease out of the Sewer System

Fats, oils, and grease—FOG—comes from meat fats in food scraps, cooking oil, shortening, lard, butter and margarine, gravy, and food products such as mayonnaise, salad dressings, and sour cream.

FOG poured down kitchen drains accumulates inside sewer pipes. As the FOG builds up, it restricts the flow in the pipe and can cause untreated wastewater to back up into homes and businesses, resulting in high costs for cleanup and restoration.

Manholes can overflow into parks, yards, streets, and storm drains, allowing FOG to contaminate local waters, including drinking water. Exposure to untreated wastewater is a public-health hazard.



FOG discharged into septic systems and drain fields can cause malfunctions, resulting in more frequent tank pump-outs and other expenses.

Restaurants, cafeterias, and fast-food establishments spend tens of thousands of dollars each year

to deal with grease blockages and pump out grease traps and interceptors. Some cities also charge businesses for the repair of sewer pipes and spill cleanup if they can attribute the blockage to a particular business. Some cities also add a surcharge to wastewater bills if a business exceeds a specified discharge limit. These expenses can be a significant.

Communities spend billions of dollars every year unplugging or replacing grease-blocked pipes, repairing pump stations, and cleaning up costly and illegal wastewater spills. Excessive FOG in the sewer system can affect local wastewater rates.

So, keeping FOG out of the sewer system helps everyone in the community.

## Tips on Tipping

Source: American Society of Travel Agents, Alexandria, Va.

### Who do you tip? When? How much?

These are the questions that have nagged at consumers since the first service transaction. The practice of tipping is meant as a form of thank-you for services rendered, or beforehand as a subtle bribe for special treatment.

Below are some tipping suggestions for travelers. At nearly every step of the traveling process, there are professionals waiting to "lighten your load" or provide assistance. So remember to carry a lot of change and small bills for tips.

- 1. Taxi/Limo Drivers:** A \$2 to \$3 tip is usually satisfactory; more if he helps you with your bags and/or takes special steps to get you to your destination on time.



- 2. Hotel Maid:** Maids are often forgotten about when it comes to tipping because they typically do their work when you are not around. For stays of more than one night, \$1 per night is standard. The tip should be left in the hotel room in a marked envelope.



- 3. Parking Attendants:** Tip \$1 to \$2 when your car is delivered.

**4. Waiters:** 15–20% of your pre-tax check is considered standard. The same applies for room service waiters. Some restaurants will automatically add a 15% gratuity to your bill, especially for large parties—look for it before tipping. If the 15% is added, you need only tip up to another 5% for superlative service.

- 5. Tour Guides/Charter Bus Drivers:** If a tip is not automatically included, tip \$1 for a half-day tour, \$2 for full-day tour, and anywhere from \$5 to \$10 for a week-long tour. Tip a private guide more.



*If there is one standard rule in tipping it is this: If someone renders special service to you along the way, show your appreciation with a tip.*

**4th of July Celebration**  
 Tuesday, July 4th  
 2:00 p.m. - 10:00 p.m.  
 Community Park & Tiger Stadium  
 Admission is free, parking is \$5.00  
 Live concert featuring  
**Fingerprints & Don Diego**  
 Fireworks show  
 Food & craft vendors  
 Bounce houses & other family activities

Saturday,  
June 17, 2006



**Duncanville**  
 Armstrong Park  
 located at the corner of  
 Main and Wheatland

**New automated cart service begins the week of June 19!**

**Recycling pickup:**

- Blue recycling bins available at Utility Billing Dept – FREE!
- Recycling same day as cart pickup
- Maximum of 4 recycling bins allowed
- Recycling bins must be placed by 7 AM on your pickup day



Do recycle	How to recycle	Don't recycle
Newspapers, magazines, box board, phone books, junk mail, chipboard (cereal/cracker boxes), corrugated cardboard, junk mail, high grade white paper, old newspaper	Put in recycle bin. If it looks like rain, place paper in plastic bags. Wet newspaper CANNOT be recycled. Flatten cardboard boxes and set under bin.	Hard cover books, thermal fax paper, blue-line paper, styrofoam, wooden pallets, bubble wrap, waxed cartons, hanging file folders, carbon paper.
All plastic bottles - includes milk bottles, and heavy colored plastics - detergent bottles, juice containers, etc.	Rinse and remove the lids, place in your recycle bin.	Plastic bottle lids, plastic wrap, bags, toys, plastic motor oil bottles, insecticide containers.
<b>ALUMINUM AND METAL CANS</b> Food and beverage cans	Rinse and place in recycle bin.	Paint or automotive product cans, scrap metal, or disposable aluminum plates.
<b>GLASS BOTTLES</b> Any color glass food and beverage bottles	Rinse and remove the lids. Place in recycle bin.	Light bulbs, plate glass, auto glass, mirrors, ceramics or any glass that is not a food or beverage bottle.



### Regular Trash/Recycling Pickup Day

Monday  
Tuesday  
Thursday  
Friday

Trash-Off Events:  
Apr & Sep  
(Watch this newsletter for updates)



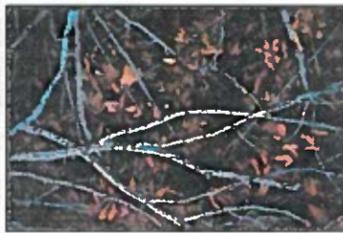
### Trash facts:

- New 95 gallon carts will be delivered to every home June 5-16
- **New automated pickup service begins June 19**
- New brush/bulk collection begins in August
- New pickup routes – see map on page 1 for your pickup schedule

### Brush/Bulk Collection Week

- 1<sup>st</sup> Monday of pickup month
- 2<sup>nd</sup> Monday of pickup month
- 3<sup>rd</sup> Monday of pickup month
- 4<sup>th</sup> Monday of pickup month

Brush/Bulk Collection Months:  
Feb – Apr – Jun – Aug – Oct – Dec



### Household waste pickup:

- Once per week pickup
- Collection is fully automated – drivers do not leave the truck
- Trash must be bagged to prevent litter
- Everything must fit into the cart with the lid closed
- Please do not place hot ashes, dirt, rocks, concrete or hazardous waste items (paint, batteries, chemicals, etc.) in the carts
- Additional carts available for \$1.50/Month (call 972-227-7941 for info)
- Up to 3 additional carts allowed

### Cart placement:

- Write your address on your cart in large print with permanent ink
- Place cart by your driveway within 2 feet of pavement, handles toward your house
- If you have more than one cart, place them 3 feet apart
- Alley driveways will have alley pickup except for:
  - Arbor Lane – street pickup
  - Aspen – street pickup
  - Donlee – street pickup
  - Lindenwood – street pickup
- Front driveways will have street pickup
- Carts must be placed by 7 AM on your pickup day
- Retrieve and store carts after pickup to prevent theft or vandalism. Carts must be screened from view from the street



### Missed trash/recycling/brush/bulk collection reporting:

- Check the City's web site for information about your pickup day for trash/recycling and your pickup week and month for brush/bulk pickup [www.lancaster-tx.com](http://www.lancaster-tx.com)
- Contact Allied Waste at 972-225-4207 to report missed pickups
- OR from the City's web site, click the link "Request a City Service" and complete the form — someone will contact Allied Waste to research your problem
- If you do not have internet access, contact the City of Lancaster at 972-218-1300.

### Two free trash-offs per year

- April & September
- Bring your tires, batteries and brush/bulk items to Historic Town Square or Cedardale softball complex

### Construction materials:

- Materials from small homeowner projects can be bagged and put into the cart or can or be placed for brush/bulk collection. No items placed outside the cart will be picked up!
- **Large home remodeling projects such as roofing, additions, renovations (whether done by homeowner or contractor) require a construction container. Contact the Building Inspections Division at 972-218-1101 for more information.**

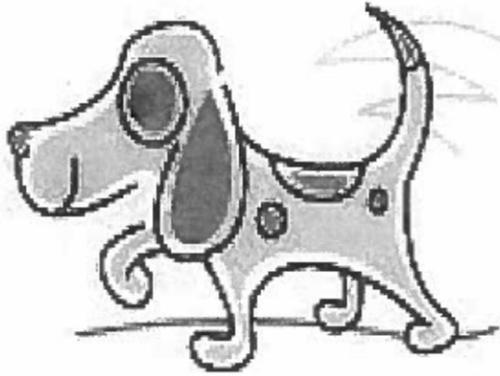




**Operation Vaccination  
Low Cost  
Pet Vaccinations**

**Saturday, June 10th, 2006  
9:00 a.m. to 4:00 p.m.**

**Animal Shelter  
690 E Main Street  
Lancaster, TX 75146**



**Free Dog Dip**

**Low Cost Rabies Vaccinations**

**Savings on rabies and all other  
vaccinations for dogs and cats**

- Heartworm testing for dogs
- Heartworm prevention for dogs
- Frontline Plus Flea and Tick Control for dogs and cats

**Free engraving-**

Owner's phone number on back of Rabies tag.

**All dogs must be contained in a carrier or on a leash. Cats are to be in carriers.**

For more information on Operation Vaccination, please call Neighborhood Services Division at (972) 218-1200 or email [natherton@lancaster-tx.com](mailto:natherton@lancaster-tx.com).

Operation Vaccination - Dr. Kevin Gibbs - Veterinarian (817) 625-1283.

**What do you need to know about Pets and the Flu?**

**What is the Flu?**

Influenza, or flu, is primarily a respiratory disease caused by the influenza virus. There are three types of influenza virus:

1. influenza A
2. influenza B
3. influenza C

Humans are susceptible to all three types, with influenza A causing most cases of human flu.

**Can animals get the flu?**

Influenza B and C only infect humans.

**Wild birds and poultry**

Some types of influenza A virus can infect animals, especially birds. In general, most types of influenza A viruses can cause disease in only one type of animal but occasionally can cross over to infect and cause illness in another animal species. Birds, especially water birds such as ducks and geese, are the natural reservoir of influenza A viruses in nature. Influenza A infections in birds are often called "bird flu" or "avian influenza." Most wild birds do not become ill when infected with influenza A. They can pass it to domestic poultry such as chickens and turkeys that can become severely ill and die.



With rare avian strains do not infect of animals or

the past several years, however, a dangerous strain of avian influenza A has been spreading in wild birds and poultry throughout parts of Asia, the Middle East, Europe and Africa. This particular strain, known as H5N1, has caused some human infections and deaths and has infected several types of animals including domestic and wild cats. But this strain has not shown the ability to go from person to person effectively.

exceptions, of influenza A other types people. For

**Horses and dogs**

Horses and other equines are susceptible to infection with some types of influenza A. These infections in horses are often referred to as "equine flu." Younger animals are the most susceptible to the disease, and some may require veterinary care. Vaccines are available for horses and other equines through veterinarians. Recently, a strain of equine flu has been able to infect dogs. This strain of flu has been seen only in a few states and has been almost exclusively associated with dog race tracks and animal shelters where large numbers of animals are housed together in close contact. Symptoms range from a mild respiratory illness to severe disease that may result in death. At this time, no vaccine is available for dogs.

**Cats**

In general, cats are not susceptible to influenza infection, with the exception of the H5N1 avian influenza.

**Pigs**

Pigs are highly susceptible to some types of influenza A and may become infected with some human and avian strains in addition to strains that circulate mainly in pigs. There are vaccines available for pigs through veterinarians.

**Wild mammals**

Influenza A viruses also have been isolated from a variety of wild mammals, particularly marine mammals such as seals and whales.

**How is flu treated in animals?**

Treatment of animals with influenza consists generally of supportive care by a veterinarian. Except for domestic birds, the disease usually will run its course in a week or two, although some animals might become very ill and die. Antiviral drugs generally are not used for treating influenza infections in animals. With the exception of horses, pigs and birds, no vaccines are available commercially for animals. **DO NOT GIVE YOUR MEDICATIONS TO PETS OR FARM ANIMALS.**



## What do you need to know about Avian Influenza (Bird Flu)?

### What is Avian Influenza (Bird Flu)?

Avian influenza is an infection caused by avian influenza (bird flu) viruses. These influenza viruses occur naturally among birds. Wild birds carry the viruses in their intestines but usually do not get sick from them. However, avian influenza is very contagious among birds and can make some domesticated birds, including chickens, ducks, and turkeys, very sick and kill them.

### What is Avian Influenza A (H5N1)?

Influenza A (H5N1) virus – also called “H5N1 virus” – is an influenza A virus that occurs mainly in birds, is highly contagious among birds, and can be deadly to them.

Outbreaks of avian influenza H5N1 have occurred the last several years among poultry and wild migratory birds in Asia and Europe. For the most up-to-date listing of where avian influenza H5N1 has been reported, go to [www.cdc.gov/flu/avian](http://www.cdc.gov/flu/avian).

### How Does Avian Influenza Spread Among Birds?

Infected birds shed influenza virus in their saliva, nasal secretions and feces. Susceptible birds become infected when they have contact with contaminated secretions or excretions or with surfaces that are contaminated by infected birds. Domesticated birds may become infected with avian influenza virus through direct contact with infected waterfowl or other infected poultry, or through contact with surfaces (such as dirt or cages) or materials (such as water or feed) that have been contaminated with the virus.

### Do Avian Flu Viruses Infect Humans?

Bird flu viruses do not usually infect humans, but more than 100 confirmed cases of human infection with bird flu viruses have occurred since 1997.

### How Serious is Avian Influenza?

Infection with avian influenza viruses in domestic poultry causes two main forms of disease that are distinguished by low and high extremes of infection. One form may go undetected and usually causes only mild symptoms (such as ruffled feathers and a drop in egg production). However, another highly contagious form spreads more rapidly through flocks of poultry. This form may cause disease in birds that affects multiple internal organs and has a mortality rate that can reach 90-100 percent of the flock often within 48 hours.

### How Do People Become Infected with Avian Influenza Viruses?

Most cases of avian influenza infection in humans have resulted from direct or close contact with infected poultry such as domesticated chickens, ducks, and turkeys or surfaces contaminated with secretions and excretions from infected birds. The spread of avian influenza viruses from an ill person to another person has been reported very rarely, and transmission has not been seen to continue beyond one person.

### What Are the Symptoms of Avian Influenza in Humans?

Symptoms of avian influenza in humans have ranged from typical human influenza-like symptoms (fever, cough, sore throat and muscle aches) to eye infections, pneumonia, severe respiratory diseases (such as acute respiratory distress syndrome), and other severe and life-threatening complications.

The symptoms of avian influenza may depend on which specific virus and strain caused the infection.

### How is Avian Influenza in Humans Treated?

Laboratory studies suggest that the prescription medicines approved for human influenza viruses should work in treating avian influenza infection in humans. However, influenza viruses can become resistant to these drugs, so these medications may not always work.

### What are the Risks of Avian Influenza to Human Health?

Two main risks for human health from avian influenza are (1) the risk of direct infection when the virus passes from the infected bird to humans, sometimes resulting in severe disease; and (2) the risk that the virus – if given enough chances – will change into a form that is highly infectious for humans and spreads easily from person to person.

### Does the Current Seasonal Flu Vaccine Protect Against Avian Influenza?

No. Influenza vaccine for the current season does not provide protection against avian influenza.

### Is There a Risk for Becoming Infected with Avian Influenza by Eating Poultry?

There is no evidence that properly cooked poultry or eggs can be a source of infection for avian influenza viruses. The U.S. government carefully controls domestic and imported food products, and in 2004 issued a ban on importation of poultry from countries affected by avian influenza viruses, including the H5N1 strain. The ban still is in place.

### What Precautions Can Be Taken to Reduce the Risk for Infection from Wild Birds?

As a general rule, the public should observe wildlife, including wild birds, from a distance. This protects you from possible exposure to illnesses and minimizes disturbance to the animal. Avoid touching wildlife. If there is contact with wildlife do not rub your eyes, eat, drink, or smoke before washing your hands with soap and water. Do not pick up diseased or dead wildlife. Contact your state, tribal, or federal natural resource agency if you find a sick or dead animal.

### What Precautions Can Hunters Take to Reduce the Risk of Infection?

Hunters should follow routine precautions when handling game, including wild birds. The National Wildlife Health Center recommends that hunters:

- Not handle or eat sick game.
- Wear rubber or disposable latex gloves while handling and cleaning game; wash hands with soap and water or with alcohol-based hand products; and thoroughly clean knives, equipment and surfaces that come in contact with game.
- Not eat, drink, or smoke while handling animals.
- Cook all game thoroughly.



**Day Camp meets**  
**May 30<sup>th</sup> - August 18<sup>th</sup>**  
**Monday-Friday**  
**7:00 a.m.-6:00 p.m.**

**Ages: 6-12 years**  
**Registration: \$75 a week**  
**\$65 additional child (must**  
**be brother or sister living**  
**at the same address)**



**SUMMER FUN CAMP**

**Summer Time is here!!!! Register today and**  
**come enjoy the Lancaster**  
**Recreation Center all summer long.**  
**Lancaster Parks & Recreation**  
**972-218-3700**



**Children will enjoy:**

- \*Arts and crafts
- \*Trips to zoos and museums
- \*Dallas Aquarium
- \*Bahama Beach
- \*Ice skating
- \*Bowling
- \*Swimming

**Campers will be provided with a camp shirt**  
**and a special event each Friday.**

**Free Breakfast, Lunch, and Snack**

**Youth Activities**

**Lil Dragons Karate** 4 - 6 years \$40  
This exciting program for 4 to 6 years of age offers a dynamic mixture of exercise, self defense, stranger danger awareness and basic karate in a fun and positive environment  
Monday & Wednesday 6:00 p.m.-6:30 p.m.

**Karate** \$40  
Class to learn karate and self defense designed to help individuals become more confident both mentally and physically.

**Beginning Youth Karate & Self Defense**  
7 - 17 years  
Monday & Wednesday 6:30 p.m.-7:15 p.m.

**Beginning Adults Karate & Self Defense**  
18 years and up  
Monday & Wednesday 6:30 p.m.-7:15 p.m.

**Intermediate / Advanced Youth**  
7 - 17 years  
Monday & Wednesday 7:15 p.m.-8:00 p.m.

**Beginner Gymnastics** 6-12 years \$28  
A basic skills class stressing proper stretching exercises, floor tumbling, balance beam and vault for your little gymnast.  
Wednesday 5:00 p.m.-5:45 p.m.

**Intermediate Gymnastics** 6-12 years \$28  
A development class to progress gymnastic skills to intermediate level on balance beam and vault. **NOTE:** Beginner Gymnastics must be taken before registering in this level.  
Wednesday 6:00 p.m.-6:45 p.m.

**Itty Bitty Basketball** 3-5 years \$28  
Hoop It! A four-week instructional basketball development class for your little player to learn the basics of passing, shooting and team play.  
Monday 6:00 p.m.-6:45 p.m.

**Itty Bitty Soccer** 3-5 years \$28  
Pass, Shoot and Score! A four-week instructional development class for your little player to learn the basics of soccer and team play.  
Thursday 6:00 p.m.-6:45 p.m.

All class sessions are: Session 1 June 5 - July 1  
Session 2 July 10 - August 5  
Session 3 August - September 2

**T-Ball Tuesdays** 3-5 years \$35  
This five week instructional class will teach the basics of throwing, catching, base running and teach kids the fundamentals of baseball in a non-competitive setting.  
Tuesday 6:00-6:45 pm  
July 11, 18, 25,  
August 1 and August 8  
Royce Clayton Field  
Remember to bring your gloves

**Aquatics Information**

**Private Pool Parties**

**Cost: 2 Hour rentals**

0-50 guests **\$150**

51-100 guests **\$185**

101-150 guests **\$225**

151 or more guests **\$300**

Friday 6:00 p.m.-8:00 p.m. and  
8:15 p.m.-10:15 p.m.

Saturday 5:30 p.m.-7:30 p.m. and  
7:45 p.m.-9:45 p.m.

Sunday 2:30 p.m.- 4:30 p.m.  
5:30 p.m.-7:30 p.m. and  
7:45 p.m.-9:45 p.m.

**Semi- Private Parties**

**COST:**

**0-30 people \$95 (2 hour rental)**

No more than 30 will be allowed

**Saturday 2:30 p.m. - 4:30 p.m.**

**Pool Hours**

Monday-Friday  
Monday-Friday

Monday-Friday  
Monday/Wednesday/  
Friday  
Monday-Thursday

Tuesday/Wednesday/  
Thursday

Saturday  
Saturday

**Lap Swim** 6:30 a.m.-8:30 a.m.  
**Reserved Day Care Swim** 10:00 a.m.-12:00 p.m.  
12:00 p.m.-2:00 p.m.  
**Open Swim** 2:00 p.m.-5:00 p.m.  
**Water Aerobics** 5:00 p.m.-5:45 p.m.

**Swim Lessons** 6:00 p.m.-6:45 p.m.  
7:00 p.m.-7:45 p.m.  
**Water Aerobics** 9:00 a.m.-9:45 a.m.

**Water Aerobics** 9:00 a.m.-9:45 a.m.  
**Open Swim** 12:00 p.m.-5:00 p.m.

**Swim Lessons (6 months-adults)**

\$28 per session (group)

\$65 per session (private)



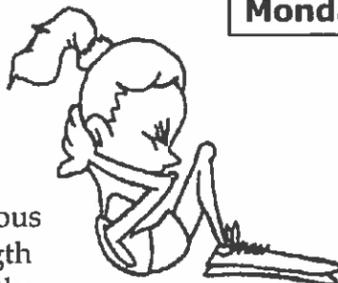
### Fitness Challenge

June 3  
9:00 a.m. - 12:00 p.m.  
Lancaster

Recreation Center

Free of charge  
Fitness Challenge is a continuous workout of aerobic and strength training combination to start the summer off right!!

Sign up now, space is limited.



**Pilates & Yoga \$35/session**  
Strength and toning class that combines Pilates & Yoga to improve flexibility, muscle tone, balance, endurance and circulation.  
Monday & Wednesday 4:30-5:30 pm

**Brown Bag Boot Camp \$40/session**  
This is a fun cardio/strength and toning class- perfect for a mid day work out. This class combines intermittent cardio with hand weights and bands for an ideal combination to get you in and out the door.  
Monday - Friday 12pm -1pm

Session 1 6/5 - 6/30  
Session 2 7/10 - 8/4  
Session 3 8/7 - 9/1

**Latin Cardio \$35/session**  
Latin dance aerobics with high and low impact choreography, get ready to move!  
Tuesday & Thursday 5:30-6:30 pm

Session 1 6/6 - 6/29  
Session 2 7/11 - 8/3  
Session 3 8/8 - 8/31

**Hi-Low Cardio \$35/session**  
Aerobic class with variety of intensity filled movements and high-low impact cardio!  
Tuesday & Thursday 6:30-7:30 pm

Session 1 6/6 - 6/29  
Session 2 7/11 - 8/3  
Session 3 8/8 - 8/31

**Total Body \$35/session**  
Cardiovascular and strength training combination class for an overall conditioning class.  
Monday & Wednesday 5:30-6:30 pm

Session 1 6/5 - 6/28  
Session 2 7/10 - 8/2  
Session 3 8/7 - 8/30

**Cardio Sport \$35/session**  
Cardiovascular class that includes step aerobics, kick box, high-low, and boot camp elements.  
Monday & Wednesday 6:30-7:30 pm

Session 1 6/5 - 6/28  
Session 2 7/10 - 8/2  
Session 3 8/7 - 8/30

### Personal Training

Interested in improving your health? We can answer the call with personal training workouts with a certified personal trainer to fit any hectic schedule. Come by the Recreation Center for information. Cost starting as low as \$30 for 1-hour session. Buy two 1-hour sessions for \$50 or three 1-hour sessions for \$60. It is the perfect gift for everyone.

### Adult Co-ed Softball (18 years & older)



Registration dates:  
April 24th-May 7th  
Season: May 7th-June 25th (playing on Sundays)  
Where: City Park field one  
Fee: \$325 per team  
For more information call:  
972-218-3700

### Hunter's Education

Get legal for the next hunting season. This Course is required by the State of Texas. Learn bow safety and basic field technique. You must attend both classes to receive full credit and be a minimum of 12 years old. \$20  
Thursday, August 17th 5:30 p.m.-9:00 p.m.  
Saturday, August 19th 9:00 a.m.-6:00 p.m.

Recreation Center Holiday Closings  
July 3rd & 4th

## CPR Class

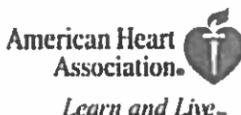
June 10,  
July 8 or August 5

Fee: \$35

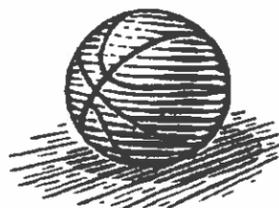
All classes are on Saturdays, 9am-5pm @ the Lancaster Recreation Center  
Pre-registration required

If you are interested in renewing or taking a CPR class, sign up now for the best day to fit your schedule. This class is designed to teach you how to respond to emergencies in any situation. The course follows American Heart Association guidelines and structure. A card is issued on site with passing exam score.

City of Lancaster  
Parks & Recreation Department  
972.218-3700

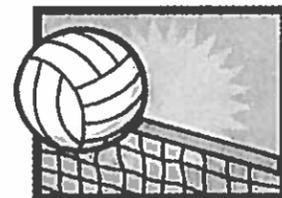


### Men's Basketball (18 years & older)



Registration dates:  
May 16th-May 26  
Season: June 5th-July 17th  
Bi-week July 3rd.  
(playing on Mondays)  
Fees: \$365 per team  
For more information please call: at 972-218-3700

### Adult Co-Ed Volleyball (18 years & older)



Registration dates:  
May 1st-May 15th  
Season: May 18th-July 6th  
(playing on Thursdays)  
Fee: \$150 per team  
5 players on a team  
For more information call:  
972-218-3700



## June

National Homeownership Month

- 5 Summer school begins
- 6 Children's Storytime program, 10:00 a.m. (Library)
- 7 Best Southwest Chamber Luncheon, 11:30 a.m. (Holiday Inn-DeSoto)  
EMS siren testing, 2:00 p.m.
- 9-12 All-America City Finalist competition (Anaheim, CA)
- 10 Second Saturday on the Square
- 13 Children's Storytime program, 10:00 a.m. (Library)  
Genealogy Program, 7:00 p.m.
- 17 Best Southwest Juneteenth Celebration (Duncanville)
- 18 Father's Day
- 20 Children's Storytime program, 10:00 a.m. (Library)
- 26 City Council meeting, 7:00 p.m. (Municipal Center)
- 27 Children's Storytime program, 10:00 a.m. (Library)
- 29 Boards & Commissions Recruitment Reception (Recreation Center)
- 30 Summer school ends

## July

- 3-4 City offices closed
- 4 July 4th Celebration, 2-10 p.m. @ Community Park & Tiger Stadium (admission free, parking \$5.00)
- 5 EMS siren testing, 2:00 p.m.
- 8 Second Saturday on the Square

- 11 Children's Storytime program, 10:00 a.m. (Library)  
Genealogy Program, 7:00 p.m.
- 14 Chamber Luncheon, 11:30 a.m. (Recreation Center)
- 18 Children's Storytime program, 10:00 a.m. (Library)
- 24 City Council meeting, 7:00 p.m. (Municipal Center)
- 25 Children's Storytime program, 10:00 a.m. (Library)

## August

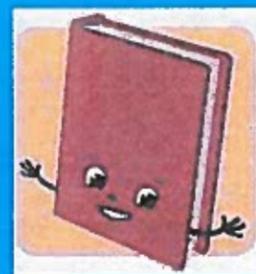
- 1 Children's Storytime program, 10:00 a.m. (Library)  
National Night Out, 6:00 p.m.  
Library Artist Demonstration, 7:00 p.m. (Library)
- 2 EMS siren testing, 2:00 p.m.
- 8 Children's Storytime program, 10:00 a.m. (Library)  
Genealogy Program, 7:00 p.m.
- 10 Chamber Luncheon, 11:30 a.m.
- 12 Second Saturday on the Square
- 14 City Council Meeting, 7:00 p.m. (Municipal Center)
- 15 Children's Storytime program, 10:00 a.m. (Library)
- 21 LISD School Starts
- 22 Children's Storytime program, 10:00 a.m. (Library)  
Literary Program, 7:00 p.m. (Library)
- 24 Quarterly HOA meeting, 7:00 p.m.
- 29 Children's Storytime program, 10:00 a.m. (Library)
- 31 Realtor's Lunch, 12:00 p.m. (Recreation Center)

### 2006 Summer Reading Club Performances

Lancaster Veterans Memorial Library  
1600 Veterans Memorial Pkwy.  
Lancaster, TX 75134  
(972) 227-1080

#### Pre-school Performances - Ages Up to 8 years appropriate Tuesdays, 10:00 a.m. - 11:00 a.m.

- 6/06/06 Esther Malone "Story Time for Little Ones"
- 6/13/06 Zooniversity "Animal Body Coverings 202"
- 6/20/06 Melody Bell
- 6/27/06 Margaret Clauder "The Bookworm"
- 7/04/06 Library Closed—No SRC Program
- 7/11/06 Jo Eckloff  
Miss Jo Publications
- 7/18/06 Guinea Bennett
- 7/25/06 Lunch Bunch with Library Youth Programming Staff  
*(Bring a sack lunch and watch a movie, receive your reading awards!)*



#### Programs appropriate for ages 5 years to teens School-age Performances Thursdays, 2:00 p.m. - 3:00 p.m.

- 6/8/06 Willy Welch "Silly and Serious Songs with Mr. Willy"
- 6/15/06 Jimmy Harris "Magic Show"
- 6/22/06 Catherine Whiteman
- 6/29/06 VET "Tie Dye and Batik Art"
- 7/6/06 Esther Malone "Where Do Cows Go When It Rains?"
- 7/13/06 Zooniversity "Native Texas Critters 307"
- 7/20/06 Puppetwise Productions "Reading Rebounds"
- 7/27/06 Rochelle Rabouin "South African Folk Music"

