



## CALENDAR ADVISORY

**For Immediate Release**

**Wednesday, February 27, 2019**

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### City of Lancaster March 2019 Activities, Programs & Special Event

**Lancaster, TX** – The City of Lancaster invites you to stay connected with us! “LIKE” us on Facebook ([Facebook.com/CityofLancasterTX](https://www.facebook.com/CityofLancasterTX)), follow us on Twitter, ([Twitter.com/Lancaster\\_TX](https://twitter.com/Lancaster_TX)) and register for the Lancaster Live, weekly e-mail subscription that includes upcoming events and valuable information. To sign up for the Lancaster Live and to view more upcoming events, visit us online at [www.lancaster-tx.com](http://www.lancaster-tx.com).

The City of Lancaster invites you to participate in the following upcoming activities, programs and special events.

**Jan. 7<sup>th</sup>- March 3<sup>rd</sup>, ITT Community Challenge**, Register online, [www.ittcommunitychallenge.com](http://www.ittcommunitychallenge.com), and join the Lancaster Community in the statewide health competition to win a \$1,800 health grant for local schools.

#### Friday, March 1<sup>st</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Excel Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy Learn fundamentals of Microsoft Excel.

**Senior Walking Club**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

#### Saturday, March 2<sup>nd</sup>

**Carter BloodCare Blood Drive**, 9:00 a.m.-1:00 p.m., Crescent Medical Center, 2600 W. Pleasant Run Road.

**Dr. Seuss Storytime**, 1:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Celebrate Read Across America Day with a special Dr. Seuss themed story time.

#### Monday, March 4<sup>th</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Senior Walking Club**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.



## CALENDAR ADVISORY

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Yoga**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

**Genealogy Research**, 6:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Get free assistance from an experienced researcher.

### Tuesday, March 5<sup>th</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Toddler Storytime**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

**Lego Lab**, 4:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Stretch your creativity with our new Lego Lab!

**Tutus and Tap**, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Zumba Fitness**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Cycling**, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

### Wednesday, March 6<sup>th</sup>

**Siren Testing**, 2:00 p.m. Weather permitting. Call 972-218-2706 for more information.

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Senior Walking Club**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

**Computer Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn skills needed for successful computing using a mixed-method approach of techniques.

**Family Storytime**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Swing Out**, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.

### Thursday, March 7<sup>th</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.



## CALENDAR ADVISORY

**Creative Card Making**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

**Free AARP Tax Help**, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

**Teen Tech Week**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Explore technology with fellow teenagers. Ages 14-18.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Swim Team**, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

### Friday, March 8<sup>th</sup>

All City offices will be closed for staff training. Trash and recycling will run on its normal schedule.

### Saturday, March 9<sup>th</sup>

**Warrant Round Up Open Court**, 8:00 a.m. to noon; Lancaster Municipal Court, 220 W. Main St. Opportunity for individuals with outstanding warrants to speak to the judge to resolve their case. Individuals that voluntarily appear before a court and make a good faith effort to resolve their outstanding Class C warrants are afforded safe harbor and not subject to arrest.

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Women's Empowerment Expo**, 10:00 a.m. – 6:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Health, education, career, beauty, fashion, and wealth information. Register at [qpwc-expo.eventbrite.com](http://qpwc-expo.eventbrite.com).

**Dancing from the Soul**, 10:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Family Storytime**, 1:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

### Monday, March 11<sup>th</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Senior Walking Club**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.



## CALENDAR ADVISORY

**Yoga**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

**Genealogy Research**, 6:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Get free assistance from an experienced researcher.

### Tuesday, March 12<sup>th</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Toddler Storytime**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

**Knitting and Crochet Class**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Beginner, intermediate, or expert! All skill levels are welcome to learn how to create crocheting masterpieces. Membership required.

**Spring Break Events**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Movies, snacks, and fun activities. All ages.

**Tutus and Tap**, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Zumba Fitness**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Cycling**, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

### Wednesday, March 13<sup>th</sup>

**Free Vet Services**, (for residents within the 75134 zip code): Every other Wednesday of each month at 1501 N. Dallas Avenue. Appointments are required; call 972-472-3500.

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Senior Stretch Exercise**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Resistance exercises with senior citizens in mind. Low impact yet increases stamina and strength.

**Word Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft Word.

**Family Storytime**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome.

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Swing Out**, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.



## CALENDAR ADVISORY

### Thursday, March 14<sup>th</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Creative Card Making**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

**Free AARP Tax Help**, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Family Movie Night**, 6:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Enjoy a family friendly movie and refreshments. Movie screening, “The Gabby Douglas Story.”

**Swim Team**, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

### Friday, March 15<sup>th</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Word Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft Word.

**Billiards and Board Games**, 1:00 p.m. Senior Life Center, 240 Veterans Memorial Pkwy. Compete with your peers and join us for fun games.

**Spring Break Events**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Movies and fun activities for all ages.

### Saturday, March 16<sup>th</sup>

**Country View Scramble**, 8:00 a.m. Shotgun, Country View Golf Course, 240 W. Beltline Rd. Entry fee includes green & cart fee, breakfast, burger buffet, raffle, prizes and more. Contact us at 972-227-0995 to sign up TODAY!

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Dancing from the Soul**, 10:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Penny Paws Mobile Vaccination Clinic**, 12:00 p.m. - 2:00 p.m., Lancaster Animal Shelter, 690 E. Main St. Low cost pet vaccinations. First come, first serve.

**Family Storytime**, 1:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome.



## CALENDAR ADVISORY

**Rock, Paper, Scissors**, 3:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Join us as we listen to rock music while crafting with paper.

**Lancaster Family Camp Out**, 4:00 p.m. March 16<sup>th</sup> – 7:00 a.m. March 17<sup>th</sup>, Bear Creek Nature Park, 1000 Bear Creek Road. Pack your tents, flashlights, and sleeping bags. Get ready to create memories that will last a lifetime. Bounce houses, face painting, nature walks, archery, and more. Call 972-218-3700 for tickets.

### Monday, March 18<sup>th</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Yoga**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

### Tuesday, March 19<sup>th</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Toddler Storytime**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

**Knitting and Crochet Class**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Beginner, intermediate, or expert! All skill levels are welcome to learn how to create crocheting masterpieces. Membership required.

**Tutus and Tap**, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Zumba Fitness**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Cycling**, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

### Wednesday, March 20<sup>th</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Senior Water Exercise**, 10:30 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Resistance exercises with senior citizens in mind. Low impact yet increases stamina and strength.

**Senior Walking Club**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.



## CALENDAR ADVISORY

**PowerPoint Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft PowerPoint.

**Family Storytime**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Swing Out**, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.

### Thursday, March 21<sup>st</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Senior Outing, Crescent Medical Center BINGO Brunch**, 9:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Sharing information on health services available to the community along with food and games.

**Creative Card Making**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.

**Free AARP Tax Help**, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.

**Teen Club**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Join us for anime shows, discussions, trivia, music, and snacks. Ages 14 – 18 years old.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Swim Team**, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

### Friday, March 22<sup>nd</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**PowerPoint Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft PowerPoint.

**Billiards and Board Games**, 1:00 p.m. Senior Life Center, 240 Veterans Memorial Pkwy. Compete with your peers and join us for fun games.

### Saturday, March 23<sup>rd</sup>

**Trash Off Xtreme Green**, 8:00 a.m. – 2:00 p.m., 1501 N. Dallas Ave. Lancaster residents can drop off bulk trash, recyclables, scrap metal, brush, and electronic waste, and select hazardous waste to the trash off location at no additional cost. Call 972-218-1300 for more information.

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.



## CALENDAR ADVISORY

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Dancing from the Soul**, 10:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Family Storytime**, 1:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome.

**Rock, Paper, Scissors**, 3:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Join us as we listen to rock music while crafting with paper.

### Monday, March 25<sup>th</sup>

**Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.

**Yoga**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Calm the mind and strengthen the body. All levels welcomed.

**Genealogy Research**, 6:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Get free assistance from an experienced researcher.

### Tuesday, March 26<sup>th</sup>

**Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.

**Toddler Storytime**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Ages 0-4. Stories, songs, activities, and fun to encourage a language-rich experience for active toddlers.

**Knitting and Crochet Class**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Beginner, intermediate, or expert! All skill levels are welcome to learn how to create crocheting masterpieces. Membership required.

**Tutus and Tap**, 5:15 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ballet and tap techniques to improve coordination and confidence in young dancers.

**Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.

**Zumba Fitness**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.

**Cycling**, 6:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Interval training to motivate, challenge and inspire you to go deeper in your fitness journey.

### Wednesday, March 27<sup>th</sup>

**Free Vet Services**, (for residents within the 75134 zip code): Every other Wednesday of each month at 1501 N. Dallas Avenue. Appointments are required; call 972-472-3500.





## CALENDAR ADVISORY

- Zumba Fitness**, 8:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Exhilarating Latin-inspired dance fitness course that allows you to move to the music and work up a sweat.
- Senior Water Exercise**, 10:30 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Resistance exercises with senior citizens in mind. Low impact yet increases stamina and strength.
- Senior Walking Club**, 10:30 a.m., Senior Life Center, 240 Veterans Memorial Pkwy. Member registration required. Get healthy and fit through walking and low impact exercise for ages 50+.
- Excel Basics**, 10:30 a.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Learn fundamentals of Microsoft Excel.
- Family Storytime**, 4:00 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.
- Dancing from the Soul**, 6:00 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 4-18. Dance conditioning class where your child will learn ballet, jazz and hip-hop classes.
- Swing Out**, 7:15 p.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Have fun, burn calories, and slim down your waistline while moving to the beat.

### Thursday, March 28<sup>th</sup>

- Walk-In Court Dockets**, Sign in: 8:00 a.m. to noon; Docket Time: 2:00 p.m. Municipal Court, 220 W. Main St. Opportunity for defendants that have outstanding warrants or delinquent cases to speak to the prosecutor/judge to resolve their case.
- Water Aerobics**, 9:00 a.m., Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. The resistance of water makes the course a fun low impact fitness for all levels that builds stamina and strength.
- Creative Card Making**, 10:00 a.m. Senior Life Center, 240 Veterans Memorial Pkwy. Create unique personalized greeting cards. Membership required.
- Free AARP Tax Help**, 11:00 a.m. – 3:00 p.m., Senior Life Center, 240 Veterans Memorial Pkwy. Trained AARP volunteer offer free in-person tax assistance.
- Karate**, 5:30 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Ages 5-15. Karate and self-defense techniques for all skill levels.
- Family Craft Night**, 6:30 p.m. Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Make a take-home craft as a family, all supplies are provided. All ages welcome
- Swim Team**, 7:00 p.m. Lancaster Recreation Center, 1700 Veterans Memorial Pkwy. Learn to swim program progresses from complete beginner to swim team/life guard ability.

### Friday, March 29<sup>th</sup>

- Excel Basics**, 10:30 a.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy Learn fundamentals of Microsoft Excel.

### March 30<sup>th</sup>

- Penny Paws Mobile Vaccination Clinic**, 12:00 p.m. - 2:00 p.m., Lancaster Animal Shelter, 690 E. Main St. Low cost pet vaccinations. First come, first serve.



CITY OF LANCASTER  
SHINING STAR OF TEXAS

## CALENDAR ADVISORY

**Lego Lab**, 4:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Stretch your creativity with our new Lego Lab!

**Family Storytime**, 1:00 p.m., Lancaster Veterans Memorial Library, 1600 Veterans Memorial Pkwy. Children of all ages welcome, free.

END OF PRESS RELEASE

P.O. Box 940 | Lancaster | Texas | 75146 | 972.218.1300 | [www.lancaster-tx.com](http://www.lancaster-tx.com)

